HOW TO USE VICK'S VAPORUB IN TREATING SPANISH INFLUENZA

The Influenza Germs Attack the Lining of the Air Passages-When Vapo-Rub is Applied Over Throat and Chest the Medicated Vapors Loosen the Phlegm, Open the Air Passages and Stimulate the Mucous Membrane to Throw Off the Germs.

the Skin, Attracting the Blood to the Surface and Thus Aids in Reducing the Congestion

CALL A PHYSICIAN-GO TO BED-STAY QUIET; DON'T WORRY.

There Is No Occasion For Panic.
Influenza Itself Has a Very Low Percentage of Fatalities, Not Over One Death Out of Every Four Hundred Cases, According to the N. C. Board of Health—The Chief Danger Lies in Complications Arising. Attacking Complications Arising, Attacking Principally Patients in a Run-Down Condition — Those Who Don't Go To Bed Soon Enough, or Those Who Get

Spanish Influenza which appeared in Spain in May has all the appearance of grip or la grippe, which has swept over the world in numerous epidemics as far the world in numerous epidemics as far back as history runs. Hippocrates refers to an epidemic in 412 B. C., which is regarded by many to have been influenza. Every century has had its attacks. Beginning with 1831, this country has had five epidemics, the last in 1889-90.

THE SYMPTOMS. Grippe, or influenza as it is now called, usually begins with a chill followed by aching, feverishness and sometimes nausea and dizziness, and a general feeling of weakness and depresgeneral feeling of weakness and depression. The temperature is from 100 to 104, and the fever usually lasts from three to five days. The germs attack the mucous membrane, or lining of the air passages—nose, throat and bronchial tubes—there is usually a hard cough, especially bad at night, often times a sore throat or tonsilitis, and frequently all the appearances of a severe head cold.

THE TREATMENT.

Go to bed at the first symptoms, not

THE TREATMENT.

Go to bed at the first symptoms, not only for your own sake but to avoid spreading the disease to others; take a purgative, eat plenty of nourishing food, remain perfectly quiet, and don't worry. Quinine, aspirin or Dover's Powder, etc., may be administered by the physician's directions to relieve the aching. But there is no cure or specific for influenza; the disease must run its course, but Nature herself will cific for industria; the disease its course, but Nature herself will throw off the attack if only you keep up your strength. The chief danger lies in the complications which may arise. Influenza so weakens the bodily resistpronchitis developing, and sometimes inflammation of the middle ear, or heart affections. For these reasons, it is particularly recommended for children's croup or colds, since it is externally applied and, therefore, can be used as freely as desired without the slightest harmful effects. VapoRub can be had in three sizes—30c, 60c, 31.20—stay in bed at least two days or more at all druggists.—(Adv.)

In Ardition, VapoRub Is Ab- after the fever has left you, or if you are over 50 or not strong, stay in bed four days or more, according to the Skin, Attracting the Blood severity of the attack.

EXTERNAL APPLICATIONS. In order to stimulate the lining of the air passages to throw off the grippe germs, to aid in loosening the phlegm and keeping the air passages open, thus making the breathing easier. Vick's VapoRub will be found effective. Hot, wet towels should be applied over the throat, chest and back between the shoulder-blades, to open the porces. throat, chest and back between the shoulder-bla des to open the pores. Then VapoRub should be rubbed in over the parts until the skin is red, spread on thickly and covered with two thicknesses of hot flannel cloths. Leave the clothing loose around the neck as the heat of the body liberates the ingredients in the form of vapors. These vapors, inhaled with each Lreath, carry the medication directly to the parts affected. At the same time Vapo-Rub is absorbed thru and stimulates the skin, attracting the blood to the surface and thus aids in relieving the urface and thus aids in relieving the

HOW TO AVOID THE DISEASE. Evidence seems to prove that this is germ disease, spread principally by a germ disease, spread principally by human contact, chiefly thru coughing, sneezing or splitting. So avoid persons having colds—which means avoiding crowds—common drinking cups, roller towels, etc. Keep up your bodily strength by plenty of exercise in the open air, and good food. Above all, keep free from colds, as colds irritate the lining of the air passages and ren-

the lining of the air passages and ren-der them much better breeding places for the germs.
Use Vick's VapoRub at the very first sign of a cold. For a head cold, melt a little in a spoon and inhale the vapors, or better still, use VapoRub in a benzoin steam kettle. If this is not available.

zoin steam kettle. If this is not available, use an ordinary tea-kettle. Fill half full of boiling water, put in half a teaspoon of VapoRub from time to time—keep the kettle just slowly bolling, and inhale the steam arising.

NOTE—Vick's Vapo-Rub is the discovery of a North Carolina druggist, who found how to combine in salve form Menthol and Camphor with such essential oils as Eucalyptus, Thyme, Cubebs, etc., so that when the salve is applied to the body heat, these ingredients are liberated in the form of vapors.

vapors.

VapoRub is comparatively new in New York, New England and a few Western States, where it is just now being introduced. In other sections of the country, however, it is the standard home remedy in over a million homes home remedy in over a million homes for all forms of cold troubles — more than six million jars were sold last

is particularly recommended for

"Tailor-Made in Chattanooga"

All Wool Suitings

Made For You, \$35.00 THEY LOOK BETTER AND LAST LONGER

BURKE'S

17 and 19 West Eighth Street

JACK O'DONOHUE CO. UNDERTAKERS

301 E. Sixth St., Opp. Fountain Square -:- Phone Main 1516

TAKE A BLOOD TONIC BEFORE

Revitalize your blood and put |your system in condition to re-

sist the hardships of winter. It is the strong-blooded men by impurities of any kind.

some minor ailment at times, but news its life-giving properties. tonic on the market today. There 416 Swift Laboratory, Atlanta,

it has helped to restore many people to health. It has brought relief in thousands of cases of blood disorders during the past

fifty years.
S. S. S. is a standard treatment and women who are vigorous and for all blood troubles. It is a true healthy in winter, and who are blood tonic, that purifies and not inconvenienced by the cold, brings new vigor and new life to wet days. Wet feet don't bother the blood stream. It is guaranteed them, sudden changes cause no to be purely vegetable, to contain inconvenience, and even when a no mercury or other mineral cold is "caught," because of con- drugs, but to be made from herbs tact, in a close, stuffy room, with and roots carefully selected for some one already infected, the their known medicinal properties. trouble seldom lasts over a day or For chronic sores, ulcers, catarrh, two. This highly desired state of rheumatism, eczema, psoriasis, health is brought about by having salt rheum, tetter, acne and other rich, pure blood, uncontaminated such diseases as are due to infected blood, S. S. S. acts quickly and You may possibly think your satisfactorily. It counteracts the blood is all right—you are not germs and poisons, cleanses the troubled by outward signs. Yet system of unhealthy accumulayou have felt tired and languid. tions, literally washes all foreign you have lost some sleep or had matter from the blood and re-

you regard yourself as in "fairly goo deondition physically." This may be true, but you should take nothing for granted, you should while. One thing you can be sure of and that is if you are set "green" that you are all right. not "guess" that you are all right. of and that is if you take S. S. S. The thing to do is to make your-you will be benefited. Get it toself right by taking a good blood day at your drug store—refuse tonic and invigorator, such as S. any substitute. For medical ad-S. S. It is the best known blood vice, address Swift Specific Co.,

AMERICA'S ROLL OF HONOR

Two Sections of Casualty List Contain 837 Names. Killed in Action, 110; Deaths From Wounds and Other Causes, 59; Missing in Action, 69; Severely Wounded, 364-From the South, 140, of Whom 7 Are From Tennessee, 24 From Alabama, and 7 From Georgia.

Died of disease
Died from seroplane accident
Wounded, degree undetermined.
Wounded slightly Killed In Action.

Killed In Action.

Privates—OSCAR L. AUTREY (P. H. Autrey), Pine Hill, Ala.; Margie Gay. De-Kalb, Miss.; Joe Gibson, Tinsley, Ky.; Arthur Hamilton, Laurinsburg, Ky.; Arthur Hamilton, Laurinsburg, Ky.; PHIFPS KENNEDY (Mrs. W. M. Kennedy), Abbeville, Ala.; RICHMOND L. LOVETT (John A. Lovett), Tifton, Ga. Died From Weunds.

Lieutenant—JOE N. NEEL, Jr. (Joseph N. Neel), Macon, Ga.
Privates—EDMOND LANEY (Robert Laney), Dauphin Island, Ala.; Polidore Sosa, San Antonio, Tex.; Paul W. Mueller, Hobson, Tex.; Robert L. Ramsey, Larcopala, Miss.; Oscar M. Walters, McKinney, Tex.

Died of Disease.

Privates—Mont. Hartseil. Forresburg.
Tex.; Zack Musse, Naffs, Va.; Monroe
Watkins, Snowball, Ark.; JOHN HUGHES
(William H. Hughes), Commerce, Ga.;
Robert D. Johnson, Roneys Point, W. Va.;
Isaac F. Middleton, Mount Olive, Va.;
Isaac F. Middleton, Mount Herman, La.
Wounded Severely.
Major—Isaac Seaborn Ashburn, Greenville, Tex.

ville, Tex.
Captain—Cardwell William Griggs, Yea-ger, Okla.
Lieutenants—Raymond P. Elledge, Gid-

Captain—Cardweit William Grass. 242

ger. Okla.

Lieutenants—Raymond P. Eliedge, Giddings, Tex.

Serseants—William T. BRUNER
(Mrs. F. A. Bruner), Birmingham, Ala.;
Garnet S. Colley, Bonjwright, Tex.
Corporals—BOOKER T. CARPENTER
(Mrs. Margaret Carpenter), Prattville,
Ala.; ALBERT D. ELROD (Samuel David
Elrod), McMinnville, Tenn.; CHARLES
H. MANLY (Mrs. Mary Manly), Augusta,
Ga.: JOHN MARTIN (Mrs. Jemima McColler), Centersville, Ala.
Privates—Rudus H. Alcorn, Mount
Washington, Ky.; Pablo R. Casas, Creedinor, Tex.; WILL, CLINCY (John Clincy),
Marion, Ala.; Thomas W. Denmark,
White Springs, Fla.; Millet Dishman,
Slickford, Ky.; Wade A. Ferguson, Palmetto, Fla.; LEWIS J. ASHLEY (John L.
Ashley), Ranceville, Ala.; Cyrus W. Rall,
Hewett, W. Vs.; GEORGE COLEMAN
(Miss Willie May Coleman), Athens, Ala.;
Benjamin F. Hardin, Boyd, Tex.; Robert
B. Riner; Castlewood, Va.; Charile, F.
Ritchie, New London, N. C.; Hoadley Salyers, West Van Lear, Ky.; Walter
Chesak, Bryan, Tex.; Dan S. Collier, Sonora, Ky.; George Davis, Moscow, Miss.;
Walter Hall, Dumas, Ark.; ROBERT A.
INGLE (William G. Ingle), Chestoa,
Tenn.; Herbert H. Ivins, Houston, Tex.;
Martin A. Jackson, Dunn, N. C.; John R.
Massey, Selma, N. C.; Robert W. Tatum,
Tatum, Vs.; Auby J. Slone, Mount Pleasant, Tex.; Quinter Warrick, Sioux, N. C.
Wunnded, Degree Undetermined.

Privates—Matthew D. L. Coody, Bronson, Tex.; Will J. Covington, Conehatta,
Miss.; Walter C. Craig, Orange, Tex.;
Robert W. Deakle, Streetman, Tex.;
WILL, GARRETT (Mrs. Parelee Garrett),
Birmingham, Ala.; Tom E. Garrison,
Grovetown, Tex.; Jim Goodwin, Carrizo
Springs, Tex.; William P. Griffin, Silex,
Ark.

Missing in Action.

Killed in Action.

Corporals—Daley R. Frye, Sapulpa, Okla.: Emery M. Watkins. Follansbee, W. Va.: JAMES E. HENDRIX (W. J. Hendrix). Roy, Ala.

Privates—John McCleary, Black Hawk, La.: JEFF KUILLEN (Mrs. Bell Qillen), Clayton, Ala.: Willie C. Lewis, Carter, Ky.: Jesse J. Long, Leesville, Tex.: Lex Shields, Bienville, La.: Otis L. Withrow, Buffalo, W. Va.: Henry Maggard, Van. Ky.: Toney Pritchett, Tahlequah, Okla.: ALONZO S. SHIRLEY (Edward W. Shirley), Clanton, Ala.: HILLIARY SPURLOCK (Mrs. Annie Spurlock), Ozark. Ala.: Arnold L. Sternberg, San Antonio, Tex.: Willie Swaffar, Tupolo, Okla.

Died From Wounds.

Captain—William B. Martin, Haslehurst, Miss.

Sergeants—Edgar F. Merrem, Moulton, Tex.

Privates—CHARLIE BRICE (Mrs.

Privates—CHARLIE BRICE (Mrs. Anna Martin), Marion, Ala.; Matha E. Cravens, Eller, Ky.; James A. Lewis, Weinart, Tex.

Died of Disease.

Sergeants—Amar C. Larson, Clifton, Tex.

Sergeants—Amar C. Larson, Chitton,
Tex.
Privates—Elijah Baker, Boykins, Va.;
Anderson B. Carey, Charlotte Court
House, Va.; Ernest L. Clinton, York, S.
C.; Roy Pearl Conley, Andrews, N. C.;
Paul E. Crews, Vanoms, Okla.; Joe Z.
Green, Enterprise, Tex.
Died From Accident and Other Causes.
Sergeant—FIFE W. ELLIS. Jr. (Prot.
David W. Ellis), Chattanooga, Tenn.

Wounded Severely in Action.
Sergeants—LORIE DIXON (Mrs. W. T. Dixon), Macon. Ga.; ANDREW DOB-BINS (Mrs. Vester Lue Truitt), Anniston, Aa.; Hugh Pirtle Arterbury, Fort Worth, Texi; Loy Edwards, Provencal, La.

Corporals—James W. Franklin, Cross-nore, N. C.; Benjamin F. Johnson, Ra-pidan, Va.; Harrison B. Scote, Sterling, Ky.; ORBIE W. TANT (W. M. Tant), Tallassee, Ala. nore, N. C.; Benjamin F. Johnson, Rapidan, Va.; Harrison B. Scote, Sterling, Ky.; ORBIE W. TANT (W. M. Tant). Tallassee, Ala.

Privates—WEALTHY AEGEE (Mrs. Geneva Algee), Whitthorne, Tenn.; RAY BRASHEAR (James J. Brashear), Portersburg, Ky.; OWEN DEASY (Mrs. Beasie Deasy), Fountain Head, Tenn.; Benton Debord, Betheiridge, Ky.; Ambrose Elam, Lee City, Ky.; William Gobel Gorham, Lexington, Ky.; Fetcher G. Hickman, Atlas, Ark.; Herman E. Knelanger, Louisville, Ky.; Alexander Mosso, Hitchcock, Tex.; William A. Reynolds, Maben, Miss.; Hugh Rowland, Marion, Ky.; William Bridwell, Custer, Ky.; ROBERT BRYANT (Mrs. Frankle Dennis), Blalock, Ala.; John Chelf, Sherman, Ky.; Robert Haire, Bluff City, Ky.; Raleigh W. Hall, Arnoldsburg, W. Va.; John Hamlin, Jayton, Tex.; Joseph B. Hanlon, Wheling, W. Va.; JAMES H. HAYWOOD (William E. Haywood), Sylacauga, Ala.; Solomon Taylor, Helton, Ky.; Theodore Tegtmeier, Covington, Ky.; Adoph Trascher, New Orleans, La.; HENRY C. WALKER (Mrs. Foy Thompson), Eufaula, Ala.; Henry Welzbacher, Louisville, Miss.; HENRY C. WILLHITE (Mrs. M. J. Willhite), Natural Bridge, Ala. Wounded (Degree Undetermined.).

Corporal—ALLEN HARRIS (Mrs. Mary Harris), Brewton, Ala.

Privates—Ike C. Bynum, Saddler, Tex.; Ples W. Carly, Boydsville, Ark.; WILLHARRIS (Wesley Harris), Durand, Ga.; Fred Gray Thomas Hill, Belhaven, N. C.; JOHN LASSITER (Mrs. Annie T. Green), Evergreen, Ala.; John Morris, Vero, Fla.; JACK MOSS (Gabe Moss), Rockmart, Ga.; RICHMOND PITTS, Madison, Ala.; Lorenzo Ramirez, Devine, Tex.; William B. Rhoden, Lufkin, Tex.; Loren W. Royse, Newburg, Va.; Isalah Shuman, Federal Point, Fla.; BRACK STEVEN-SON (Mrs. Josephine Stevenson), Hopehull, Ala.; Joseph W. Stump, Terra Alta, W., Va.; Guly M. WEBB (Mrs. Mary C. Webb), Damascus, Ga.

Lieutenant—Eugene M. Ellison, Dallas, Tex.

Corporal—Henry Southard, Kenly, N. C. Carporal—Henry Southard, Kenly, N. C. Carporal—Henry Southard, Kenly, N. C.

mished promptly upon receipt.

"BUREAU OF NAVIGATION."

Charles McGhee Tyson was born at Clifton Springs, N. Y., August 10, 1839. He was graduated from St. Paul's school, Concord, New Hampshire, and later from Princeton university in 1912, where he was a member of the Ivy club. He went into business in Knoxville, becoming the successful president and manager of two large manufacturing enterprises.

He enlisted in the Naval Reserve Flying Corps early in July, 1917, and reported for duty at the Boston School of Technology, Aug. 7. Having completed his advanced flying training at Pensacola, Fla., and at Fort Worth, Tex., he was commissioned ensign in January, last, and because of especially commended executive service, he was in the first list of promotions to the rank of lieutenant, junior grade, which he received in May.

which he received in May.
On June 1, at St. Stephen's church,
Garrison, N. Y.. Lieut. Tyson was married to Miss Betty Carson, of New
York. On his twenty-ninth birthday
he sailed for overseas service.

UPRISING PREDICTED

BY ESCAPING TURKS

(By Newspaper Enterprise Association.)

Berne—Fearful destitution and oppression prevail in Constantinople and other cities of Turkey, according to deserting Turks who, have come into Switzerland. Predictions of a general uprising of the Turks against the Germans within their borders are freely predicted.

To serve Uncle Sam is a chief duty of

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POST TOASTIES

these days. They do it by saving wheat and sugar.

They're also the most delicious corn flakes imaginable.

ARMY PAPER EDITED

That Is Why the Stars and Stripes Has Hit the Mark. (Burris A. Jenkins, in Kansas City

That is Why the Stare and Stripes Has Hit the Mark.

(Burris A. Jenkins, in Kansas City Star.)

With the American Forces in France.—No account of the American forces in France would be complete without some reference to the Stars and Stripes, a weekly newspaper published by our boys of the army.

Other papers have seen published in particular American camps, but no other has pervaded the whole of our army. Other nations have tried the publication among their soldiers and for their soldiers of journals, but have failed. And the secret of the failure lies in the very fact that the experiment has been tried among and for the soldiers, but not by the soldiers. It is a paper of the boys, for the boys and by the boys. The commander-in-chief himself cannot, or does not, dictate what shall or shall not so into it. The stuff is submitted to the censorship, of course, just as all new stuff is submitted. Everything is written by the men, mostly enlisted men. There are only two officers, the editor-in-chief and one reporter, on its long editorial list. The rest are noncommissioned officers and privates. The composition is done by soldiers, and the business is run by soldiers. There are three men from the Kansas City Star on this army paper.

Picked Widely-Known Sport Writer.

Most of those who produce the paper have, of course, had previous newspaper experience. Some of the best talent in the business is now in the army and has been commandeered to make the sheet a success. Men have even been detailed by G. H. Q. and ordered to the staff of the Stars and Stripes. Not long since I spent several days in company with one of these, a lieutenant of artillery, in visiting one of the fronts. He is one of the best known sport writers in America, his stuff being syndicated all over the United States. He had joined up in the army, although he was a bit over age, had gone through an officers' training camp, having given up a very lucrative position, and had come over to fight boches. No use; the high command had his number, and trave

reporting news.

He is the very type of man, however, that is needed. He is the genial, whole-hearted man's man that can understand the needs and wants of the boys in camp R. H. Holsen, Lafkin, Tex.; Loren W. Royse. Newburg. Va.; Isalah Shuman. Flore Mrs. Joseph W. Stump. Terra Alfa. W., Va.; Joseph W. Stump. Terra Alfa. Tex. Licutenant.—Eugene M. Ellison, Dalfa. Tex. Corporal.—Henry Southard, Kenly, N. Licutenant.—Eugene M. Ellison, Dalfa. Tex. Corporal.—Henry Southard, Kenly, N. Wasgoner—Ollife Carter (Rev. W. F. Mosley), Gadasden, Ala. Wasgoner—Ollife Carter (Rev. W. F. Mosley), Gadasden, Ala. Wasgoner—Ollife Carter (Rev. W. F. Mosley), Gadasden, Ala. Wasgoner—Ollife Carter (Rev. W. Ya.; Zacha-iah Bailey, Prosperity, W. Va.; Jose Blankenship, Drill, Va.; Ricardo V. Cook, Eagle Pass, Tex.; Frank R. Tenn.; Finley Spurjock, Privett, Ky. Walter Watson, McHenry, Ky. LiEUT. TYSON MISSING

Son ef Gen. L. D. Tyson Supposed to Have Been Drowned in Seaplane Accident.

Knoxville, Oct. 16.—(Special.)—Knoxville is mourning the sad news that Lleut. Charles McGhee Tyson, Is "missing and probably drowned" as the result of a collision of seaplanes off the English coast in it he North sea. Relatives in this city accept the official mformation relative that he has met a fatality, and have no hope of his having survived.

An official telegram which reached Mrs. Lower and Mrs.

tion that is seen on all hands in this land of old customs and old forms.

It Keeps Up the Morale.

Morale is the object of this journal, and general headquarters recognizes its value. The doings of the men in one part of the battle area are faithfully pictured for the benefit of those in another, by reporters who travel everywhere, and who are themselves soldiers. Sports are reported, games and contests; the news from home is epitomized by those who know best what the men want to know; herole deeds are told; gossip and fun from the camps is retailed, and editorial matter that strikes straight from the shoulder is written by men in olive drab. Morale? Of course it strengthens morale. It brings the tang and the taste of the American spirit to lads in the dust and mud and smoke, and makes them feel that millions of hearts are throbbing as theirs are, millions of minds are working as theirs are, millions of minds are working as theirs are, millions of wills are as determined and relentless as theirs.

Here's health to the Stars and Stripes.

MANUAL OF CAMOUFLAGE

Kirby Published Confidential Information in His Book and is Court-martialed. Washington. Oct. 16.—Because he included confidential information in a book to be published in violation of war department orders, Maj. W. M. Kirby, infantry reserve corps, was court-martialed and sentenced to dismissal from service, the war department announced this afternoon. President Wilson, however, commuted the sentence to a forfeiture of \$600 in pay and confinement to the limits of any camp at which he may be stationed during the next six months.

While stationed at Plattsburg, N. Y., and Camp Devens, Mass., Maj. Kirby wrote a book to be called "The Manual of Camouflage." The matter contained was substantially a copy of "Confidential Note on Camouflage No. 663," issued by the war department.

SOLDIER CAN KISS GIRL

Recorder of Atlanta So Rules and Warns
Police Not to Interfere.
Atlanta. Ga.. Oct. 16.—Soldiers departing for overseas may publicly kiss their sweethearts good-by without fear of police interference, according to a ruling made today by Recorder George E. Johnson, of this city.

The momentous opinion was rendered in the case of Miss Ruby Young, of 168 Marietta street, who was arrested by a local patrolman for publicly receiving the silent salute provided for in the manual of arms of Col. Daniel Cupid. The patrolman declared that he was guided by the impropriety of the publicly administered salute and by fear that the osculation might increase the spread of Spanish influenza.

Neither consideration weighed with Re-

Might increase the fluenza.

Neither consideration weighed with Recorder Johnson.

"If this young lady wanted to kiss her soldier farewell," the recorder declared, "far be it from this court to interfere. The case is dismissed."

UNWISE TO TELL

Bonar Law Declines to Discuss Terms of Proposed Armistics.

London, Oct. 16.—"It is unwise for any allied government to make a statement of the terms that are likely to be a conformany before an armistice is granted," Chancellor of the Exchequer A. Bonar Law declared in commons this after-"The premier doubtless will desire to make a statement on the military situa-tion, but it must depend on the nature of the operations."

CRITICAL PERIOD

Secretary Baker Makes Strong Appeal for Support of Liberty Loan.

Washington, Oct. 18.—"There never was a more critical time in the history of the war than this present week," said Secretary of War Baker, in a stirring appeal yesterday afternoon to American soldiers to support the fourth liberty loan.

"The arder of the fighting line must net be couled and the wonderful initiative and

by any failure to carry the fourth liberty joan victoriously over the top," said the secretary's telegram. "The people at home must show that they are as resolute as the soldiers at the front are brave. Let every American soldier and every American officer do his duty, not only by subscribing himself, but by urging those at home to subscribe."

The telegram was sent to commanding generals of all departments and divisions, and to Gen. Pershing. It will be read before the dismissal at retreat roll call on the day of its receipt.

ELECTED TO COUNCIL

Honor Conferred on Duchess of Mariborough, Formerly Miss Consuelo
Vanderbilt.

Lendon, Oct. 16.—The Duchess of Marihorough, formerly Miss Consuelo Vanderbilt, of New York, today was elected a
member of the London County council, to
represent West Southwark, a workingclass district of London.

Announcement was made in London
aug. 2 that the Duchess of Mariborough
had been accepted as the progressive candidate for the vacancy in West Southwark.

wark.

The councillors are elected for three years and there are 118 of them. They are elected by the taxpayers, and the councillors in turn choose the aldermen. The Duchess of Mariborough is the first American-born woman to be elected a mamber.

GIRLS VOTE DRESS REFORMS Cleveland Heights, O.—(I. N. S.)—Cleveland Heights, O.—(I. N. S.)—Cleveland Heights High school has adopted radical dress reforms for both pupils and teachers as a war move. Among the orders that have been promulgated for the girls and women teachers are the following:

Wash off the rouge.

Stop penciling eyebrows.

Wear no georgette blouses.

Wear no jewelry other than wrist watches and class and club pins or patriotic embiems.

watches and class and triotic emblems.

Only low-heeled shoes and cotton stockings are allowed.

On gymnesium days the girls will wear middy blouses, black ties and dark skirts. On other days simple one-piece dresses of cotton or wool or tailored shirtwaists and skirts or middles with the of any color.

The girls say they like the new mode of dress and in many families the change is a most welcome one, relieving a considerable strain on the family purse.

WILD MAN OF BORNEO
AIDS ALLIED CAUSE
(By Newspaper Enterprise Association.)
London—Even the natives of the jungle of Borneo desire the victory of the allied armies and when they come out to trading posts contribute to the Red Cross. On one occasion passing of a hat collected \$15 from a group of the natives. Dayak, chief of one of the tribes, paddled to a settlement in his dugout to offer bananas and two chickens to be sent to the white brother who lay wounded in army hospitals. WILD MAN OF BORNEO

SHELL TURNS TORPEDO
FROM DOOMED CRAFT
(By Newspaper Enterprise Association.)
London—Officers of a British vessel report the narrow escape of their ship from being torpedoed by the quick work of their gunners in deficiting the course of the torpedo by shell fire. The gunners had noticed the approach of the torpedo before the officers, when it was yet 700 yards from the bost. Two well placed shots and the torpedo went spinning harmlessly by the boat.

A SUBSTITUTE FOR GASOLINE

Benzol is Said to Be Cheaper and to Produce More Power.

(Wall Street Journal.)

In cities that have plants for the distillation of coal in by-product ovens, the motorcar owner can buy a substitute for gasoline that is cheap and effective. Benzol, which is obtained from the coking of coal in by-product ovens, is sold by some dealers for about 25 cents a gallon, which is one or two cents less than the price of gasoline in New York. Manufacturers assert that benzol gives from 10 to 15 per cent, more power and mileage than the same amount of gasoline.

Benzol is used much in Europe as a fuel for motorcars and motorboats. While the production of benzol in this country is at present used principally in the manufacture of explosives, it is predicted that peace will witness its use in considerable quantities as a substitute for gasoline.

Give "California Syrup of Figs" if cross, bilious or feverish.

Hurry, Mother! Remove poisons

from little stomach, liver



No matter what alls your child, a gentle, thorough laxative should always be the first treatment given. If your little one is out-of-sorts, half-sick, isn't resting, eating and acting naturally—look, Mother! see if tongue is coated. This is a sure sign that the little stomach, liver and bowels are clogged with waste. When cross, irritable, feverish, stomach sour breath bad, or has stomach ache, diarrhoea, sore throat, full of cold, give a teaspoonful of "California dyrup of Figs," and in a few hours all the constipated poison, undigested food and sour bile gently moves out of the bowels without griping, and you have a well, playful child again.

Mothers can rest easy after giving this harmless "fruit laxative," because it never falls to cleanse the little one's liver and bowels and sweeten the stomach and they dearly love its pleasant taste. Full directions for bables, childern of all ages, and for grown-ups wrinted on each bottle.

Beware of counterfeit fig syrups. Ask your druggist for a bottle of "California Syrup of Figs," then see that it is made by the "California Fig Syrup Company."—(Adv.)

INFLUENZA IS SPREADING OVER ENTIRE NATION.

Persons Weak and Rundown Are Easy Victims.

An Ounce of Prevention Worth Pound of Cure.

Build Up Your Strength and Fortify Yourself Against It by Taking Tanlac.

According to late reports issued by state and federal health authorites the Spanish influenza epidemic is rapidly spreading to all parts of the country, and it now seems that practically every state in the Union will be seriously affected before it runs its course.
It has not only become a great and terrifying menace to the public health, but unless checked, it is apt to seriously affect the progress of war work in all its various departments. Already the shipping board has announced that ten per cent of its workers had been

This disease has made its greatest progress in the east, where it has claimed its victims by the thousands. Reports from other sections, however, are equally alarming; and both civi the public to take every precaution to prevent its further spread. In many cities' schools, churches and theatres have been closed and public gatherings of all kinds forbidden.

Medical authorities agree that peo-

ple who are weak and run-down are the earliest victims of the Influenza epidemic. If you find yourself tired, weak and losing flesh, or if you are in a generally run-down condition, or if you catch cold easily this warning should be heeded promptly. You are really in great danger, because the germ of this disease is very catching germ of this disease is very catching and you are apt to fall an easy victim if you come in contact with the germs. People who are well and strong are not likely to contract the disease because they art able to throw it off. The commonsense way to keep from taking it is to fortify the system against attack by building up the constitution. stitution.

stitution.

In other words, to use the old adage.
"An ounce of prevention is worth a
pound of cure." And if you are in a
sub-normal condition the proper thing
to do is to begin immediately to build to do is to begin immediately to build up your powers of resistance. To accomplish this, nothing on earth will strengthen you and build you up like Tanlac, the powerful reconstructive tonic, which contains the very elements needed by the system to give you fighting strength and ward off the influence form. fluenza germ.
First of all Tanlac begins its action

by creating a good, healthy appetite for wholesome, nourishing food, and assists every organ of the body to perform its natural functions, thus helping to build up health and strength in the natural way.

Tanke is also the ideal strengthening for persons who are suffering

tonic for persons who are suffering from the after-eff-cts of Influenza Grippe or Bronchial troubles and hundreds of thousands are using it daily with the most grafffying results.

In connection with the Tanlac treat mont it is necessary to keep the bowel YOUR SICK CHILD

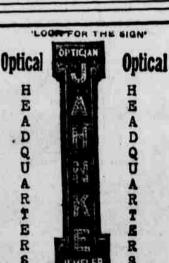
In connection with the Taniac treatment, it is necessary to keep the bowels open by taking Taniac Laxative Tablets, samples of which are included with every bottle of Taniac. It is also important that the every day rules of hygiene be observed; that is, sleep to well ventilated rooms, get plenty of tresh air and exercise and keep awas from crawd's.

Tanlac is sold in Chattanooga ex-clusively by the Live and Let Live Drug Co.—(Adv.)

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sage. Dr. Golden has been he e for two years to treat special cases and has done remarkable work. Citizens of Chattanooga have insisted upon him to open an office. Dr. Golden treats all kinds of rheumatism, stomach trouble and nervousness; also stiff and crooked joi ts; re-moves surplus lesh; no charges for consultation. Office 425 and 426 James Bidg. Office hours 9 to 12 and from 3 to 4 p. m. Phone Main 6609.



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